



**Lebanese Society of
Family Medicine**



The Annual Conference of the Lebanese Society of Family Medicine

Family Medicine for Orchestrating Health

November 6 - 8, 2015

Hilton Beirut Metropolitan Palace, Lebanon

Family Medicine for Orchestrating Health

Lebanese Society of Family Medicine

Dr. Jinan Usta

President of the Lebanese Society of Family Medicine
President of the Congress

Scientific Committee

Dr. Jinan Usta	Chairperson
Dr. Jihad Irani	Member
Dr. Beatrice Khater	Member
Dr. Issam Shaarani	Member
Dr. Marouan Zoghbi	Member

Organizing Committee

Dr. Khalil Ashkar	Chairperson
Dr. Umayya Moucharrafiéh	Member
Dr. Rania Sakr	Member
Dr. Jinan Usta	Member

Organized by:



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Family Medicine for Orchestrating Health

Friday November 6, 2015

13:00 **Registration**

Session I: Geriatrics

14:00 - 14:30	Home Care of Patients with Dementia	Dr. Nazem Bassil
14:30 - 15:00	Vitamin Supplementation in Older Persons; Which Ones, and How Much?	Dr. Ramzi Hajjar
15:00 - 15:30	Common Office Bladder Problems	Dr. Rami Abu Ghaida / Dr. Mohammad Bulbul
15:30 - 16:00	Symposium Eli Lilly Sexuality: Dysfunction or Old Age?	Dr. Imad Ghantous Dr. Patricia Fadel

16:00-16:30 *Coffee Break*

Session II: EBM

16:30 - 17:00	Guidelines; When and How to Apply	Dr. Elie Akl
17:00 - 17:30	Critical Appraisal of Articles	Dr. Sani Hleis
17:30 - 18:00	Symposium Janssen INVOKANA: Changing The Conversation in Type 2 Diabetes	
18:00 - 18:05	<i>Welcome Address</i>	
18:05 - 19:00	<i>Round Table Discussion "Family Medicine; From Schools to Practice"</i> Dr. Walid Ammar, Dr. Ghassan Hamadeh, Dr. Josette Sfeir, Dr. Jinan Usta, Dr. Nadine Yared <i>a Cocktail Reception will Follow</i>	

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Saturday November 7, 2015

7:30 Registration

Session I: Youth Health

08:00 - 08:30 Working Groups: Violence and Health, Promoting Family Medicine, Athlete Heart

08:30 - 09:00 A Trip to Colorado Schizophrenia (Medical Use of Marijuana)

Dr. Wadiah Naja

09:00 - 09:30 Anabolic Steroids Abuse

Dr. Mansour Dib

09:30 - 10:00 Social Media and the Growing Brain

Dr. Rose Mary Boustany

10:00 - 10:30 Athlete's Heart

Dr. Mona Othman

Dr. Marwan Refaat

10:30 - 11:00 *Coffee Break*

Session II: Practice Management

11:00 - 11:30 Prescribing Generics

Dr. Tony Aoun

11:30 - 12:00 Testing for Self-Burnout Syndrome

Dr. Maya Romani

12:00 - 12:30 Preventing Overdiagnosis

Dr. Jumana Antoun

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Session III: The Tribunal of Diabetes Management(Part 1)

12:30 - 13:00	Symposium Boehringer Updates in the management of T2D	Dr. Paola Atalah
13:00 - 13:40	Symposium Novartis Orchestrating the Management of the Diabetic Hypertensive Patient	Dr. Charles Saab / Dr. Rania Sakr
13:40 - 14:30	<i>Lunch Break</i>	

Session IV: Care of Chronic Conditions

14:30 - 15:10	Symposium Novartis Improving Diagnosis and Management of COPD: ULTIBRO BBREEZHALER as First Dual Bronchodilator for COPD Management	Dr. Ahmad Hussari Dr. Khalil El Ashkar
15:10 - 15:40	Microalbuminuria; Interpretation and Management	Dr. Hiba Azar
15:40 - 16:10	Management of Sleep Apnea	Dr. Georges Juvelekian
16:10 - 16:30	<i>Coffee Break</i>	

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Session V: The Tribunal of Diabetes Management(Part 2)

16:30 - 17:00	Symposium Novonordisk Liraglutide in the Management of Type 2 Diabetes: Unsurpassed and Sustained Control	<i>Moderated by:</i> Dr. Rania Sakr Dr. Akram Ehtay
17:00 - 17:30	Symposium Novonordisk Insulin Degludec: Improved Clinical Outcomes of Insulin Therapy in Theory and in Practice	<i>Moderated by:</i> Dr. Marwan Zoghbi Dr. Rita Nemr
17:30 - 18:00	Symposium Astra Zeneca A Novel Diabetes Treatment: What's happening in the kidney?	Dr. Khalil Ashkar Dr. Marouan Zoghbi
18:00 - 18:30	Symposium Sanofi Immunity for Wellbeing: What Works	Dr. Camille Aizarani

Family Medicine for Orchestrating Health

Sunday November 8, 2015

8:30 Registration

Session I: Research Platform

09:00 - 09:30 Research in Family Medicine

Dr. Mariane Helou / Dr. Falak Mokhtar

Session II: Rheumatologic Diseases

09:30 - 10:00 My Patient Doesn't Have Spondyloarthropathy

Dr. Marwan Zoghbi / Dr. Nelly Zoghbi

10:00 - 10:30 Follow up of Patients on Immune Modulators

Dr. Alissar Dagher / Dr. Joseph Chahrouri

10:30 - 11:00 *Coffee Break*

Session III: Youth Care

11:00 - 11:30 Pumping Energy Drinks and Vitamins

Dr. Durriyya Sinno / Dr. Lamis Jumaa

11:30 - 12:30 **Session IV: Workshops** (*up to 25 participants per group*)

CT Abdomen and Pelvis from A to Z

Dr. Sami Faddoul

BMD Interpretation and FRAX Risk Calculator

Dr. Asma Arabi

12:30 - 13:00 **Jeopardy with Prizes**

Dr. Rim Taleb

13:00 - 14:00 *Lunch Break*

Please avoid the highlighted roads as they will be closed due to the Lebanese Marathon 2015

